

Nutrition Facts

Serving Size 2 Rounded Scoops (46G)

Serving per Container 20

Amount Per Serving

Calories 150 Calories from Fat 40

% Daily Value*

Total Fat 4g **6%**

 Saturated Fat 0g **0%**

 Trans Fat 0g

Cholesterol 0mg **0%**

Potassium 60mg **2%**

Sodium 125mg **5%**

Total Carbohydrate 13g **4%**

 Dietary Fiber 5g **20%**

 Sugars 1g

 Sugar Alcohol 5g

Protein 21g **42%**

Calcium 4% • Iron 15%

Vitamin A 0% • Vitamin C 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g