



CHOCOLATE SOFT SERVE – Turkey Hill 10%

INGREDIENTS:

MILK, SUGAR, CREAM, COCOA PROCESSED WITH ALKALI, NONFAT MILK, WHEY, MONO & DIGLYCERIDES, CELLULOSE GUM, TETRASODIUM PYROPHOSPHATE, CARRAGEENAN.

<h2>Nutrition Facts</h2>			
Serving Size 3 1/2 oz (100 g)			
Servings Per Container varies			
Amount Per Serving			
Calories 190	Calories from Fat 90		
<hr/>			
% Daily Value*			
Total Fat 10g	15%		
Saturated Fat 6g	30%		
Trans Fat 0g			
Cholesterol 35mg	12%		
Sodium 110mg	5%		
Total Carbohydrate 20g	7%		
Dietary Fiber 1g	4%		
Sugars 20g			
Protein 4g	8%		
<hr/>			
Vitamin A 8%	? Vitamin C 0%		
Calcium 10%	? Iron 0%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat 9 ? Carbohydrate 4 ? Protein 4			

A SMALL soft serve is approx 6 oz.